

## Jersey Intensity Field Hockey Elite Travel Club and Developmental Camps & Clinics

Jersey Intensity Field Hockey has emerged as an elite level, championship caliber NJ travel club. JIFH has experienced great success at all the major United States Field Hockey Association (USFHA) National showcases and has helped numerous athletes attend the colleges of their choice. Intensity has garnered Gold Medals at the 2004, 2006, 2007, 2008 and 2009 Hockey Fest (winning the U-16 age group 4 yrs in a row) and has also won Gold Medals in the U-14, U-16 and U-19 age groups at the National Indoor Tournament in 2007-2010.

Jersey Intensity also offers year-round camps, clinics & leagues for all ages and levels. Our programs are coached by our championship level club coaches.

## JIFH DIRECTOR - KATHLEEN STEFANELLI

Kathleen Stefanelli served as the Assistant coach at Monmouth University from 1998 - 2002. As a player, Stefanelli enjoyed an illustrious playing career at Princeton University. A four-year starter for the Tigers, Stefanelli earned first-team All Ivy league honors as a sophomore, junior and senior. During her senior season, she earned All-America honors and captained the Tigers to an NCAA Division I Final Four appearance.

As a junior, Stefanelli led Princeton to the NCAA Division I championship game and earned first team regional All-America honors. As a sophomore, she earned third-team All-America honors. Stefanelli, a three-time Academic All-Ivy and Academic All-American honoree, graduated with a psychology degree in 1998.

During Stefanelli's junior season, she was selected to the United States U-21 National Team.

At Shore Regional High School, Stefanelli was a two time All-State player and received All-American status her senior year. She captained Shore Regional to state crowns her junior and senior years. Stefanelli was also selected to the Newark Star Ledger 1990's NJ Field Hockey Team of the Decade.

## Camp Directors Kelly Monahan

- Head U-16 Travel coach for the elite Jersey Intensity Field Hockey Club Team since 2005
- 1<sup>st</sup> Monmouth player to be named to the NFHCA All-American Mid-Atlantic team
- 2001 Team Captain and 1<sup>st</sup> Team All NEC Pick
- NFHCA National Academic Squad
- Monmouth University Female Athlete of the Year 2001-2002
- Monmouth University Asst. Coach 2002-2005
- Interim Head Coach Monmouth University 2004

## Kelly Balady

- Head U-14 Travel Coach for Jersey Intensity Field Hockey Club Team where her teams have won the USFHA National Indoor Tournament in 2009 and 2010 with undefeated records
- Current Asst. Coach at Shore Regional High School
- Helped coach Devils to a 2009 Group I State Championship and 2007-2009 Shore Conference Tournament Championships
- 1<sup>st</sup> Monmouth Player to be selected as a four-time first-team all NEC Honoree
- 2005 Team Captain and New Jersey Association of Intercollegiate Athletic Woman (NJIAIW) Woman of the Year Nominee.
- Monmouth University Asst. Coach in 2006

## Camp Features

- High caliber coaching staff! Our staff will include Former Division I College Coaches, top-level high school coaches as well as current college players.
- Small player to coach ratio to maximize attention and development!!
- Curriculum will be tailored to age/experience level of group to maximize development. Every age group and ability will be challenged.
- All areas of the game will be covered – every day ends with small-sided games.
- Locker rooms, bathroom as well as Pool on site (Good Sports and Atlantic Club pool only)
- Awards ceremony last day of camp as well as skills and team competitions throughout the week.

## Summer Camps

### 1) JIFH/GOOD SPORTS SUMMER CAMP July 5<sup>th</sup> – July 8<sup>th</sup>, 9:00 AM – 12:00 PM

Ages 10-18  
Fee \$195

Good Sports USA, 2903 Highway 138  
Wall, NJ 07719

\*Special camp feature – held on outdoor synthetic turf, inside air-conditioned turf available for inclement weather\*

TO REGISTER FOR THIS CAMP PLEASE CALL  
GOODSPORTS USA @ 732-681-8898

### 2) JIFH SUMMER CAMP @ FREEHOLD OPATUT PARK

July 19<sup>th</sup> – July 22<sup>nd</sup>, 5:30 - 8:30 PM  
(rain date July 23<sup>rd</sup>)  
Fee \$150

Opatut Park, East Freehold Road, Freehold

TO REGISTER FOR THE FREEHOLD CAMP PLEASE  
CALL THE RECREATION DEPARTMENT  
@ 732-294-2000

### 3) JIFH/ATLANTIC CLUB SUMMER CAMP July 26 – July 30<sup>th</sup>, 4:00 – 8:00 PM

Grades 3-12  
Fee \$185

The Atlantic Club, 1904 Atlantic Avenue  
Manasquan, NJ 08736

TO REGISTER FOR THE ATLANTIC CLUB CAMP,  
FILL OUT THE ATTACHED FORM

### 4) JIFH/SPORTS ZONE SUMMER CAMP Aug. 2<sup>nd</sup> – Aug. 5<sup>th</sup>, 9:00 AM – 12:00 PM

Ages 10-18  
Fee \$195

Monroe 33 Sports Center, 4 Farrington Boulevard  
Monroe, NJ 08831 (1/4 mile from Rt. 33 Perrineville Road)  
For GPS Use: 1320 Perrineville Road, Monroe  
Township, NJ 08831

TO REGISTER FOR THIS CAMP PLEASE CALL THE  
SPORTSZONE @ 609-426-0030

TO REGISTER FOR THE JIFH/GOOD SPORTS CAMP  
PLEASE CALL GOOD SPORTS @ 732-681-8898

TO REGISTER FOR THE JIFH/FREEHOLD CAMP PLEASE  
CALL THE RECREATION DEPARTMENT @ 732-294-2000

TO REGISTER FOR THE JIFH/SPORTS ZONE CAMP  
PLEASE CALL THE SPORTSZONE @ 609-426-0030

TO REGISTER FOR THE JIFH/ATLANTIC CLUB CAMP  
PLEASE MAIL PAYMENT (checks payable to Jersey intensity)  
& REGISTRATION FORM BELOW TO:

**JERSEY INTENSITY**  
6 Columbus Drive  
Monmouth Beach, NJ 07750

For more information on any of the camps call  
**JERSEY INTENSITY 732-252-5119** or  
e-mail [kakelly@intensityfieldhockey.com](mailto:kakelly@intensityfieldhockey.com)  
All balances MUST be paid in full before the session.  
Spaces will not be held!!

Atlantic Club Summer Camp Registration Form:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Town: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Age: \_\_\_\_\_ D.O.B. \_\_\_\_/\_\_\_\_/\_\_\_\_

Grade (2010-2011): \_\_\_\_\_

School (2010-2011): \_\_\_\_\_

Level of Play: Var. \_\_\_\_ JV \_\_\_\_\_

Fresh. \_\_\_\_\_ Grammar School Team \_\_\_\_\_

Yrs. of Experience: \_\_\_\_\_

Position (Goalies need to supply own  
equipment): \_\_\_\_\_

E-Mail Address (please write clearly):  
\_\_\_\_\_

Name of Parents/Guardian: \_\_\_\_\_

Telephone: (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_

Work #: (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Emergency Phone: (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_

Office Use: Check #: \_\_\_\_\_ Amt: \_\_\_\_\_

CUT HERE

### Parental Release

Athlete's Name: \_\_\_\_\_  
Is the above named allergic to any of the following?:  
Medications – Insect Bites/Bee Stings – Foods – other  
No Yes

If YES, indicate what \_\_\_\_\_  
Is the above presently taking, or will need to take any  
medication during his/her time at camp? No Yes  
If YES, Please indicate name of medication(s), dosage and reason  
for taking.

\_\_\_\_\_  
Please list any current medical condition that may interfere, in  
any way, with full participation at camp; for  
example – Asthma

\_\_\_\_\_  
I certify the above named individual is physically fit and able to  
participate fully in the above indicated Jersey Intensity Field  
Hockey camp(s).

I give my permission to the above named to attend and  
participate in the Jersey Intensity Field Hockey sports camps.  
Furthermore, I hereby grant permission to the camp staff to  
render preventative, first aid and/or emergency treatment that  
they deem necessary to my daughter's health and well being. In  
the event of serious illness, the need for major surgery, or  
significant accidental injury, I understand that an attempt will be  
made by the camp staff to notify the designated contacts  
(parent/guardian will be contacted first) in the most expeditious  
manner possible. If said staff is unable to communicate with me,  
the treatment deemed necessary for my son's/daughter's best  
interest and well being may be given. I hereby:

\*\* Certify that, to the best of my knowledge, the medical  
information requested is complete and correct.

\*\* Agree to assume all risk of personal injury arising from  
participating in the Jersey Intensity Field Hockey LLC camp, and  
understand that the sport indicated above involve the potential  
for injury.

\*\* Agree not to hold the staff responsible for any injury(s)  
sustained during participation at camp.

\*\* Agree not to bring suit against and/or its staff for any injury  
sustained.

\*\* Understand that if necessary, in the judgment of the camp, to  
use outside medical, surgical or dental treatment for the  
camper's health and well being, that all such expenses shall be  
the responsibility of the parent or legal guardian.

Please be advised that it is imperative that your child be in good  
health when arriving at camp. The duties of the camp personnel  
cannot include providing medical care for campers arriving at  
camp with a pre-existing condition.

I have read and fully understand the above:

\_\_\_\_\_  
Parent/Guardian signature

\_\_\_\_\_  
Date

### Things to Bring:

- Stick ■ Sneakers/Cleats ■ Shin Guards
- Goalies need to bring their own  
equipment ■ Mouth Guard (athletes not  
permitted to play without one) ■ Drink
- Money if wish to purchase lunch at Good  
Sports Camp only



### Products Available for Discount:

- Composite **Outdoor** Sticks
- Wood **Outdoor** Sticks
- Composite **Indoor** Sticks
- Wood **Indoor** Sticks
- Dita Shoe Collection

Please contact Kellie, your Dita &  
Mercian dealer for all pricing,  
sizes, models and availability.

**20% DISCOUNT**  
**KellieNurko@hotmail.com**



JERSEY INTENSITY FIELD HOCKEY, LLC  
6 Columbus Drive  
Monmouth Beach, NJ 07750  
[www.intensityfieldhockey.com](http://www.intensityfieldhockey.com)  
[www.intensityfieldhockey.blogspot.com](http://www.intensityfieldhockey.blogspot.com)



**“PROVEN SUCCESS”**

### USA Field Hockey Championships

**Festival Gold Medals:** 2004 (U-19); 2006 (U-16);  
2007 (U-16 & U-19); 2008 (U-16 & U-19);  
2009 (U-16 & U-19 two pools)

**Disney Showcase:** 2007 (U-14 Silver); 2008 (U-16 Bronze);  
2009 (U-16 Silver, U-14 Bronze);  
2010 (U-12 Silver, U-16 Bronze, U-19 Gold)

**National Indoor Tournament Gold Medals:** 2007 (U-  
19); 2008 (U-16 & U-19); 2009 (U-14); 2010 (U-19 & U-14)

### SUMMER CAMP SCHEDULE

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**Kathleen Stefanelli**  
**Jersey Intensity Field Hockey**  
6 Columbus Drive  
Monmouth Beach, NJ 07750  
732-252-5119

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[www.intensityfieldhockey.blogspot.com](http://www.intensityfieldhockey.blogspot.com)

